

# Flat Pedal



User's manuals in other languages are available at :  
<http://si.shimano.com>

## IMPORTANT NOTICE

- Contact the place of purchase or a bicycle dealer for information on installation and adjustment of the products which are not found in the user's manual. A dealer's manual for professional and experienced bicycle mechanics is available on our website (<http://si.shimano.com>).
- Do not disassemble or alter this product.

**For safety, be sure to read this user's manual thoroughly before use, and follow it for correct use.**

## Important Safety Information

For replacement information, contact the place of purchase or a bicycle dealer.

### WARNING

- If you are not sure about how to adjust the pins on the pedals, consult a dealer or an agency.
- If the gripping force between the shoes and the pedals (the force which stops the shoes from slipping sideways) is insufficient, remove the spacers or switch to long pins to increase the force. This will increase the gripping force. If the gripping force on the shoes is increased, you will not be able to disengage your feet from the pedals by sliding them sideways unless you first raise your feet from the pedals. To avoid falling off the bicycle and suffering serious injury, practice engaging and disengaging one foot from the pedal with the other foot firmly on the ground until you become used to the operation. If you cannot get used to this operation, install the spacers.
- Because the pins are long, they may cause injury if they come into direct contact with your skin. Be sure to wear clothing and protective gear which is suitable for the way in which the bicycle is to be used.
- Be sure to attach reflectors to the bicycle when riding at night. Do not continue riding the bicycle if the reflectors are dirty or damaged, otherwise it becomes more difficult for oncoming vehicles to see you.
- After reading the user's manual carefully, keep it in a safe place for later reference.

### Note

- In addition, if pedaling performance does not feel normal, check this once more.
- If you experience any trouble with the rotating parts of the pedal, the pedal may require adjustment. Contact the place of purchase or a bicycle dealer.
- An optional reflector set is available. Consult a dealer or an agency.
- Products are not guaranteed against natural wear and deterioration from normal use and aging.
- For maximum performance we highly recommend Shimano lubricants and maintenance products.

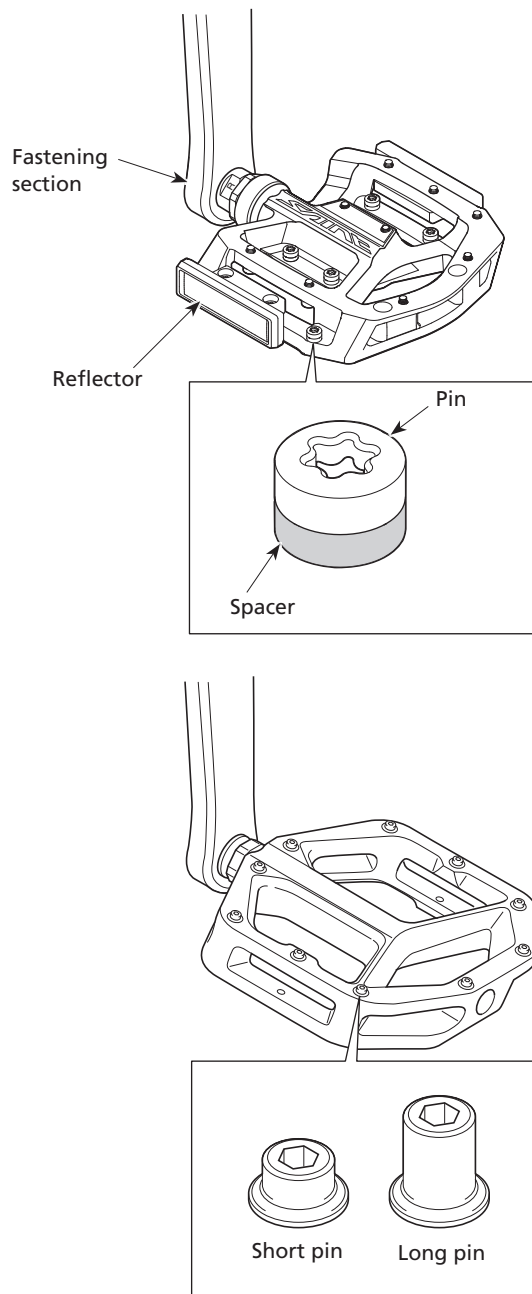
## Regular inspections before riding the bicycle

Before riding the bicycle, check the following items. If any problems are found with the following items, contact the place of purchase or a bicycle dealer.

- Are the fastening sections fixed securely?
- Are there any abnormal noises?

## Names of parts

- \* The shape differs depending on the model. Some models come with two spacers of different thicknesses, while other models do not come with any spacers at all.



## SHIMANO

SHIMANO NORTH AMERICA BICYCLE, INC.  
 One Holland, Irvine, California 92618, U.S.A. Phone: +1-949-951-5003

SHIMANO EUROPE B.V.  
 High Tech Campus 92, 5656 AG Eindhoven, The Netherlands Phone: +31-402-612222

SHIMANO INC.  
 3-77 Oimatsu-cho, Sakai-ku, Sakai-shi, Osaka 590-8577, Japan

Please note: specifications are subject to change for improvement without notice. (English)  
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