

General Safety Information

WARNING – To avoid serious injuries:

- This cleat adapter is especially made for attaching SPD-SL/SPD compatible shoes (5-hole type) to SPD pedals. Use this cleat adapter only with suitable shoes.
- Cleats that can be used with this cleat adapter are SM-SH51 and SM-SH56.
- Before attaching this cleat adapter to the shoe, refer to the Service Instructions for both the shoes and the pedals.
- **Obtain and read the service instructions carefully prior to installing the parts.** Loose, worn, or damaged parts may cause serious injury to the rider. We strongly recommend only using genuine Shimano replacement parts.
- If you have any questions regarding methods of installation, adjustment, maintenance or operation, please contact a professional bicycle dealer.
- Read these Technical Service Instructions carefully, and keep them in a safe place for later reference.

BE SURE TO READ AND FOLLOW THE ABOVE WARNINGS CAREFULLY.
IF THE WARNINGS ARE NOT FOLLOWED, YOUR SHOES MAY NOT COME OUT OF THE PEDALS WHEN YOU INTEND OR THEY MAY COME OUT UNEXPECTEDLY OR ACCIDENTALLY, AND SEVERE INJURY MAY RESULT.

NOTE:

Parts are not guaranteed against natural wear or deterioration resulting from normal use.

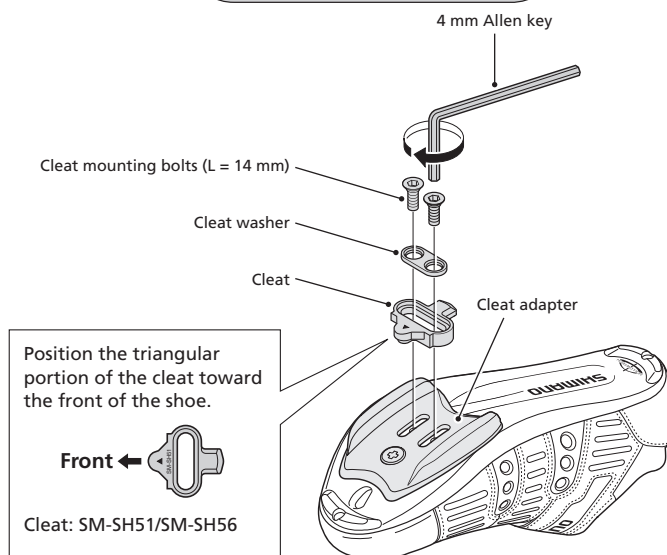
Attaching the cleats

Provisionally attach the cleat parts to the cleat adapter in the order shown in the illustration.

Note:

When installing the cleats, be sure to use the special SM-SH40 cleat mounting bolts.

Provisional tightening torque for cleat mounting bolts:
2.5 N·m {22 in. lbs.}



SI-SH40A-002

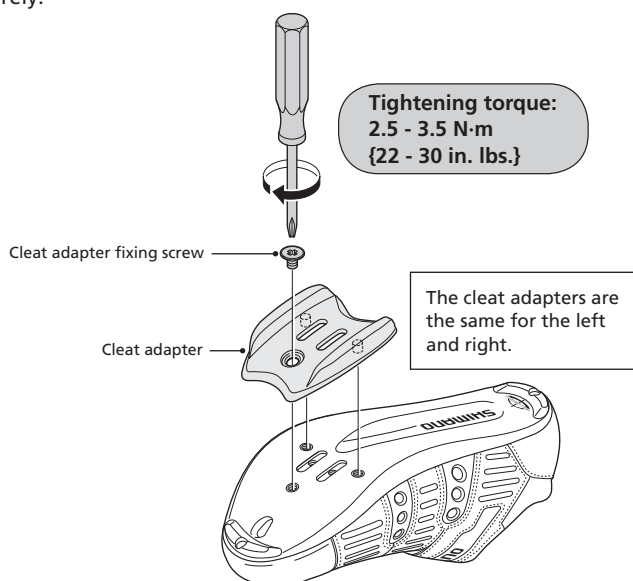
SM-SH40

Cleat adapter

Technical Service Instructions

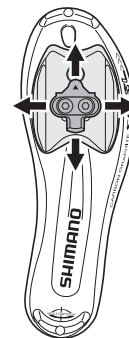
Attaching the cleat adapter

Attach the cleat adapter to the bottom of the shoe and tighten it securely.



Adjusting the cleat position

1. The cleat has an adjustment range of 15 mm front to back and 5 mm right to left. After provisionally tightening the cleat, practice engaging and releasing, one shoe at a time. Readjust to determine the best cleat position.



2. After you have determined the best cleat position, firmly tighten the cleat mounting bolts with a 4 mm Allen key.

Tightening torque:
5 - 6 N·m {43 - 52 in. lbs.}

* Service Instructions in further languages are available at: <http://si.shimano.com>

SHIMANO

SHIMANO AMERICAN CORPORATION
One Holland, Irvine, California 92618, U.S.A. Phone: +1-949-951-5003

SHIMANO EUROPE B.V.
Industrieweg 24, 8071 CT Nunspeet, The Netherlands Phone: +31-341-272222

SHIMANO INC.
3-77 Oimatsu-cho, Sakai-ku, Sakai-shi, Osaka 590-8577, Japan

Please note: Specifications are subject to change for improvement without notice. (English)
© Oct. 2013 by Shimano Inc. HTR