### Mechanical Disc Brakes

<table>
<thead>
<tr>
<th>ROAD</th>
<th>MTB</th>
<th>Trekking</th>
</tr>
</thead>
<tbody>
<tr>
<td>City Touring/</td>
<td>URBAN SPORT</td>
<td>E-BIKE</td>
</tr>
<tr>
<td>Comfort Bike</td>
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</table>

BR-TX805  
BR-M375
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IMPORTANT NOTICE

• This dealer's manual is intended primarily for use by professional bicycle mechanics. Users who are not professionally trained for bicycle assembly should not attempt to install the components themselves using the dealer's manuals. If any part of the information on the manual is unclear to you, do not proceed with the installation. Instead, contact your place of purchase or a local bicycle dealer for their assistance.
• Make sure to read all instruction manuals included with the product.
• Do not disassemble or modify the product other than as stated in the information contained in this dealer's manual.
• All dealer's manuals and instruction manuals can be viewed on-line on our website (http://si.shimano.com).
• Please observe the appropriate rules and regulations of the country, state or region in which you conduct your business as a dealer.

For safety, be sure to read this dealer's manual thoroughly before use, and follow it for correct use.

The following instructions must be observed at all times in order to prevent personal injury and physical damage to equipment and surroundings. The instructions are classified according to the degree of danger or damage which may occur if the product is used incorrectly.

⚠️ DANGER
Failure to follow the instructions will result in death or serious injury.

⚠️ WARNING
Failure to follow the instructions could result in death or serious injury.

⚠️ CAUTION
Failure to follow the instructions could cause personal injury or physical damage to equipment and surroundings.
TO ENSURE SAFETY

WARNING

• Be sure to follow the instructions provided in the manuals when installing the product. It is recommended to use genuine Shimano parts only. If parts such as bolts and nuts become loose or damaged, the bicycle may suddenly fall over, which may cause serious injury. In addition, if adjustments are not carried out correctly, problems may occur, and the bicycle may suddenly fall over, which may cause serious injury.

• Be sure to wear safety glasses or goggles to protect your eyes while performing maintenance tasks such as replacing parts.

• After reading the dealer’s manual thoroughly, keep it in a safe place for later reference.

Be sure to also inform users of the following:

• Please make sure to keep your fingers away from the rotating disc brake rotor. The disc brake rotor is sharp enough to inflict severe injury to your fingers if caught in the openings of the disc brake rotor while it is moving.

• The calipers and disc brake rotor will become hot when the brakes are operated; do not touch them while riding or immediately after dismounting from the bicycle. Otherwise you may get burned.

• Be careful not to allow any oil or grease to get onto the disc brake rotor and brake pads. Otherwise the brakes may not work correctly.

• If any oil or grease gets on the brake pads, consult a dealer or an agency. Otherwise the brakes may not work correctly.

• If noise occurs during brake operation, the brake pads may have been worn down to the usable limit. After checking that the temperature of the brake system has cooled down sufficiently, check that the thickness of each pad is 0.5mm or more. Or, consult a dealer or an agency.

• If the brake pads are worn, read the section “Adjustment when the brake pads are worn” under “ADJUSTMENT” and adjust the brake pad clearances. Continuing to ride the bicycle without adjustment is dangerous as the brakes may stop functioning.

• If the disc brake rotor is cracked or deformed, immediately stop using the brakes and consult a dealer or an agency.

• If the disc brake rotor becomes worn down to a thickness of 1.5mm or less, or if the aluminum surface appears, immediately stop using the brakes and consult a dealer or an agency.

• Check the brake cable for rust, fraying, and cracks, and contact the place of purchase or a bicycle dealer if any such problems are found. Otherwise, the brakes may not work correctly.

• Each bicycle may handle slightly differently depending on the model. Therefore, be sure to learn the proper braking technique (including brake lever pressure and bicycle control characteristics) and operation of your bicycle. Improper use of your bicycle’s brake system may result in a loss of control or a fall, which could lead to severe injury. For proper operation, consult a professional bicycle dealer or the bicycle's owner's manual. It is also important to practice riding and braking, etc.

• If the front brake is applied too strongly, the wheel may lock and the bicycle may fall forward, and serious injury may result.

• Always make sure that the front and rear brakes are working correctly before riding the bicycle.

• The required braking distance will be longer during wet weather. Reduce your speed and apply the brakes early and gently.

• If the road surface is wet, the tires will skid more easily. If the tires skid, you may fall off the bicycle; therefore, to avoid this, reduce your speed and apply the brakes early and gently.
For Installation to the Bicycle, and Maintenance:

- When installing the caliper to the frame, position the disc brake rotor in the center of the caliper rotor slit.
- Adjust the right and left clearances between the disc brake rotor and the brake pads so that they are equal. When the brake pads are worn down, make sure to adjust the clearances of the inboard side and outboard side evenly at the same time in order to prevent the brake pads from making contact on only one side with the rotor.
  (Inboard side: Pad adjustment screw, Outboard side: Cable adjustment barrels)
  Adjusting only one of the right and left clearances may cause the clearances to become unequal and cause the brakes to fail before the brake pads are worn down to the minimum working thickness (0.5mm).

- Adjust the inner cable so that the length protruding is 20mm or less. If the protruding length is any longer, the end of the inner cable may become stuck in the disc brake rotor, which could cause the wheel to lock and the bicycle could fall forward causing serious injuries.

- Disc brakes are designed for optimum performance when used in the combinations shown in the recommendation tables. Be sure to refer to the recommendation tables. Combine 2-finger levers with brake calipers. If used in combination with 4-finger levers, braking force will be higher. Accordingly, certain riding positions, overall weight, and other factors may cause a fall and injury.

**BR-TX805/BR-M375**

<table>
<thead>
<tr>
<th>Lever for flat handlebars</th>
<th>ST-M4000/TX800/M410/M390/M370/M360-2A/M310-2A/EF51-2A/EF41/EF40/EF65-2A/EF51-2A</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>BL-T4000/M421/T610/MX70/F800</td>
</tr>
<tr>
<td></td>
<td>ST-R240*/ST-R243*</td>
</tr>
<tr>
<td></td>
<td>BL-4600*/3500*/2400*/R780*</td>
</tr>
</tbody>
</table>

* Mode switching type brake levers. Refer to section on mode switching type brake levers.
- If the quick release lever on the hub is on the same side as the disc brake rotor, they may interfere with each other, which is dangerous, so check that they do not.
TO ENSURE SAFETY

• Mode switching type brake levers
  • The brake levers are equipped with a mode switching mechanism which can be used to make them compatible with cantilever brakes and roller brakes or V-BRAKE brakes with power modulator.
  • For mechanical disc brakes for ROAD, use mode position CR; for mechanical disc brakes for MTB, use mode position V.

  *If the incorrect mode is selected it may result in either excessive or insufficient braking force, which is highly dangerous. Select the correct mode as shown in the illustrations.*

<table>
<thead>
<tr>
<th>Mode position</th>
<th>Applicable brake</th>
</tr>
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<tbody>
<tr>
<td>C: Mode position for compatibility with cantilever brakes</td>
<td>Mechanical disc brake for ROAD</td>
</tr>
<tr>
<td>R: Mode position for compatibility with mechanical disc brakes for ROAD</td>
<td></td>
</tr>
</tbody>
</table>

  * Use BR-TX805/M375 in this mode.

  | V: Mode position for compatibility with V-BRAKE brakes | Mechanical disc brake for MTB |

  | V position |

CAUTION

Be sure to also inform users of the following:

• Burn-in period
  • Disc brakes have a burn-in period, and braking force will gradually increase as the burn-in period progresses; therefore, make sure that you are aware of any such increases in braking force when using the brakes during this period. The same thing will happen when the brake pads or disc brake rotor are replaced.

NOTE

Be sure to also inform users of the following:

• Products are not guaranteed against natural wear and deterioration from normal use and aging.
• For maximum performance we highly recommend Shimano lubricants and maintenance products.

For Installation to the Bicycle, and Maintenance:

• If the brake caliper mounting boss and the fork end are not of standard dimensions, the disc brake rotor and caliper may touch.
• Use rotors described as “RESIN PAD ONLY” only in combination with resin pads. Combining them with metal pads will cause them to wear out rapidly.

The actual product may differ from the illustration because this manual is intended mainly to explain the procedures for using the product.
LIST OF TOOLS TO BE USED
The following tools are needed for installation, adjustment, and maintenance purposes.

<table>
<thead>
<tr>
<th>Tool</th>
<th>Tool</th>
<th>Tool</th>
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</thead>
<tbody>
<tr>
<td>5mm hexagon wrench</td>
<td>10mm spanner</td>
<td>Needle-nose pliers</td>
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</table>
Installation of the calipers

1. Tighten the brake caliper fixing bolt A. Then, temporarily tighten the brake caliper fixing bolts B with some looseness left in the caliper.

<table>
<thead>
<tr>
<th>Tightening torque</th>
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<tr>
<td>6 - 8 N·m</td>
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2. Pass the inner cable through, then with the arm in the initial position, tighten the cable fixing bolt.

<table>
<thead>
<tr>
<th>Tightening torque</th>
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<tr>
<td>6 - 8 N·m</td>
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Secure the caliper to the frame.
Depress the brake lever until the brake pads are pressed firmly against the disc brake rotor.
While depressing the brake lever, tighten the two brake caliper fixing bolts B alternately in small amounts each time.
Finally, securely tighten the brake caliper fixing bolts to the specified tightening torque.

### TECH TIPS
This operation makes the caliper parallel to the disc brake rotor.
Check that the disc brake rotor is positioned in the center of the rotor slit of the caliper.
At this point, there is some clearance between the disc brake rotor and the brake pads on the outboard side but none on the inboard side.

Loosen the pad adjustment screw by turning it counterclockwise one or two clicks.
This operation creates appropriate clearance between the brake pad and disc brake rotor on the inboard side.
Check that both clearances between the disc brake rotor and brake pads are equal: inboard side = outboard side.
Depress the brake lever about 10 times until it touches the grip; check that there are no problems with any components, and that the disc brake rotors and the brake pads do not interfere with each other when the wheel is rotated.

If the cable loosens in step 5, tighten it by performing one of the following procedures.

**When using a cable adjustment barrel**
- Turn the cable adjustment barrel counterclockwise to adjust the looseness in the cable, then manually tighten the cable adjustment nut if one is provided.

**When using a cable fixing bolt**
- Loosen the cable fixing bolt, tighten the cable and then re-tighten the cable fixing bolt.

Secure the three bolts with snap rings in order to prevent the bolts from coming loose.

**NOTE**
Be sure to attach snap rings when attaching the brake caliper fixing bolts.

**TECH TIPS**
For post type

- Snap ring
## Adjustment when the brake pads are worn

Adjust the clearances when the brake pads are worn down. Make sure to adjust the clearances on both the inboard side and outboard side at the same time.

### Inboard side

Adjust both clearances between the disc brake rotor and brake pads so that they are within the below range and equal: inboard side [1] = outboard side [2].

| Pad clearance [1], [2] | 0.2mm - 0.5mm |

### Outboard side

Adjust by turning the cable adjustment barrels at the brake calipers and brake levers.

### NOTE

- Make sure to adjust the clearances on both the inboard side and outboard side at the same time. Adjusting only one of the clearances may cause the following problems.
  - Contact between the pads and the disc brake rotor may occur during operations other than braking.
  - Sufficient braking force may not be obtained when the clearance becomes much greater on one side.
  - The disc brake rotor makes contact with the calipers during braking.

### TECH TIPS

The brake pads can be used as long as their thickness is 0.5mm or more.
Checking brake pad clearance and replacement timing

If sufficient braking force cannot be obtained even when the brake levers are firmly depressed, or the reach of the brake levers does not change even when the tension of the brake cables is adjusted, perform the following checks.

Check that the arm is not making contact with the caliper while depressing the brake lever.

| Arm is not in contact with caliper (Normal condition) | Arm is in contact with caliper (Condition when clearance on the inboard side needs adjusting or the brake pads need replacing) |

If the arm is making contact with the caliper, one or more of the following issues may be arising. Perform maintenance as appropriate.

**Brake pad clearance on the inboard side is too large (the pad adjustment screw is not adjusted appropriately):**
Read the section "Adjustment when the brake pads are worn" under "ADJUSTMENT" and adjust the brake pad clearance on the inboard side.

**Brake pads have reached a thickness of 0.5mm:**
It is time to replace the brake pads. Read the section "Replacing the brake pads" under "MAINTENANCE" and replace the brake pads with new ones.

NOTE
Make sure that the temperature of the brake system has fallen sufficiently before performing the checks.
MAINTENANCE

Replacing the brake pads

1. Remove the wheel from the frame, and remove the brake pads as shown in the illustration.
   - (Y) Split pin
   - (Z) Brake pad

2. Loosen the pad adjustment screw by turning it counterclockwise until it will turn no further.
   Then, turn the cable adjustment barrel for the brake lever clockwise.
   - (X) Pad adjustment screw
   - (Y) Cable adjustment barrel
   - (Z) Cable adjustment nut

3. Install the new brake pads.
   Insert the split pin, and then bend it as shown in the illustration.
   - (Z) Split pin
Replacing the brake pads

4 Adjust both clearances between the disc brake rotor and brake pads so that they are equal: inboard side = outboard side.

(X) Pad adjustment screw
(Y) Cable adjustment barrel
(Z) Cable adjustment nut

5 After checking that the brake pad and the disc brake rotor are not touching each other, check that there are no problems when the brake lever is depressed.