

It is important to completely understand the operation of your bicycle's brake system. Improper use of your bicycle's brake system may result in a loss of control or accident, which could lead to severe injury. Because each bicycle may handle differently, be sure to learn the proper braking technique (including brake lever pressure and bicycle control characteristics) and operation of your bicycle. This can be done by consulting your professional bicycle dealer and the bicycle's owners manual, and by practicing your riding and braking technique.

Multi-Condition Brake System

Multi-Condition Brake System

In providing superior wet weather braking performance (control and modulation), braking performance will not vary in a multitude of conditions when compared to previous Shimano brake systems. Optimum performance for this Multi-Condition Brake System will be achieved if these components are used as a set.

Series	DEORE XT	DEORE LX
Brake lever	ST-M737	ST-M560 / ST-M563 ST-M564
Cantilever brake	BR-M737	BR-M560 BR-M561
Brake cable		

Cantilever Brake

Model number	BR-M737	BR-M560	BR-M561
Arch size	M	M	L
Link type	Unit link (dynamic type)		
Link wire length	A / 73	A / 73	A / 73
	B / 82	B / 82	B / 82
			C / 106
			D / 93

Model number	ST-M737 / ST-M560 / ST-M563 / ST-M564
Clamp diameter	22.2 mm

- By using these parts as a set, the optimum efficiency of the Multi-Condition Brake System can be realized. When replacing the brake shoes and cables, use parts that are suitable for the Multi-Condition Brake System.
- If the link length is the same, any link wire can be used even if the type is different.
- For any questions regarding methods of installation, adjustment, maintenance or operation, please contact a professional bicycle dealer.

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Please note: specifications are subject to change for improvement without notice. (English)

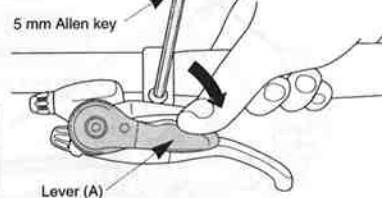
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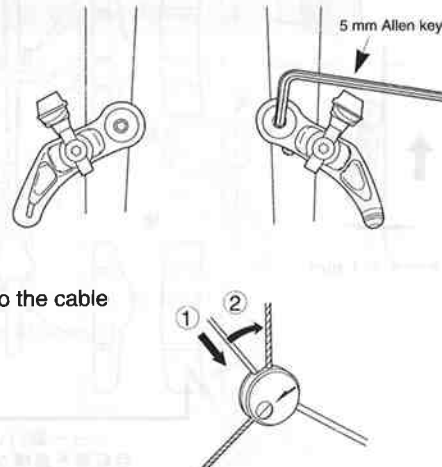


Tightening torque:
5.88 - 7.84 Nm
{53 - 69 in. lbs.}

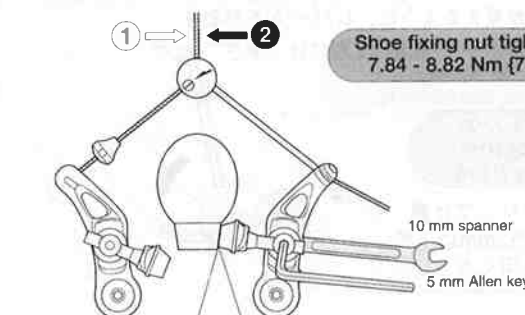
Use a handlebar grip with a maximum outer diameter of 32 mm.



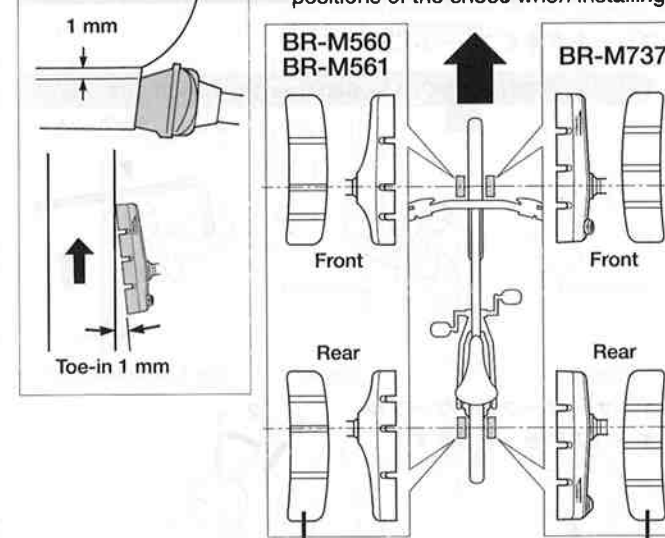
Tightening torque: 4.9 - 6.86 Nm {44 - 60 in. lbs.}



Shoe fixing nut tightening torque:
7.84 - 8.82 Nm {70 - 78 in. lbs.}



The shape of the brake shoes varies according to model. Take note of the positions of the shoes when installing.



Seen from the side of the bicycle after installation of the shoes is completed.

6. Loosen the cable fixing bolt, move the cable body so that there is a 2-3 mm clearance between the cable body and the bracket, and then tighten the cable.

Flexible pipe

2-3 mm

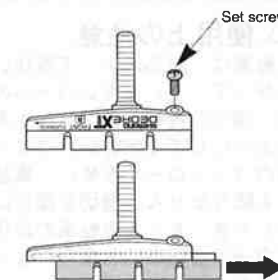
5 mm Allen key

Cable fixing bolt tightness
5.88 - 7.84 Nm (53 - 70 kgf·cm)

Cable fixing bolt tightening torque:
5.88 - 7.84 Nm {53 - 69 in. lbs.}

Diagram illustrating a cable carrier system. A cable carrier is shown at the top, connected to a flexible pipe. The distance between the cable carrier and the flexible pipe is labeled as 20 mm or more. The flexible pipe is shown in a curved position, with a label 'Touches' indicating contact points. The diagram also shows a cable carrier with a cable inside, and a cable carrier with a cable outside.

3. There are four different types of shoe holders to be used in the front left, front right, rear left and rear right positions, and two different types of shoe to be used in the left and right positions respectively. Slide the new shoes into the grooves on the shoe holders while taking note of the correct directions and screw hole positions.



Shoe holders
For front left

For left shoes

Direction of shoe insertion

Set screw

Shoe holders
For front right

For right shoes

Direction of shoe insertion

Set screw

For rear left

For rear right

Tightening torque: 0.98 - 1.96 Nm {9 - 17 in. lbs.}

8. If the cable carrier is in the position in the illustration, then setting is complete. Check to be sure that there is a clearance of 20 mm or more between the outer casing holder and the cable carrier as shown in the illustration for step 7. This is to ensure that the cable carrier does not touch the outer casing holder. If it does touch, the brakes will not work.

9. If balance adjustment is necessary, adjust with the spring tension adjustment screw.

Cut off any unnecessary cable, attach an end cap and hook it onto the dowel.

